

PRIMETIME



Starting 14 September 2022
Wednesdays
3.30 to 4.30pm
Bedale Leisure Centre

What are Primetime activities?

Primetime is an inclusive sport initiative for people of any age or ability offering low intensity social sport opportunities.

Activities include Boccia, a game similar to bowls, and New Age Kurling, which is like Curling played on ice but using stones with ball-bearings so they can be played on a smooth indoor surface.

All activities are played from a seated position.

Cost for the activity is a trial price of £4 per session.

Sessions are led by a qualified instructor.



For further information please contact Hambleton District Council on **01609 779977** or email **communities@hambleton.gov.uk** or to book, contact Bedale Leisure Centre on **01677 427272**.





