

Crash Course

Swimming Lessons

Thirsk & Sowerby Leisure Centre

	25 - 28 March 2024				
	M	Tu	W	Th	F
8 - 8.30am	Stage 1				
8.30 - 9am	Stage 2				
	2 - 5 April 2024				
	M	Tu	W	Th	F
8 - 8.30am		Stage 3			
		Stage 1			
8.30 - 9am		Stage 4			
		Stage 2			

Holiday crash-courses are the perfect way for children to enjoy their time off and release their energy! They are ideal for introducing a non-swimmer to the water or for swimmers to work on specific aspects of a stroke. Each lesson is 30 minutes just like the weekly swimming lessons.

Bookings are available now, ask at reception or call 01845 522447

zest-leisure.co.uk

Thirsk & Sowerby
Leisure Centre



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