

Crash Course

Swimming Lessons

Bedale Leisure Centre



	25 - 27 March 2024		
	M	Tu	W
9 - 9.30am	Stage 1		
9.30 - 10am	Stage 2		
3 DAY COURSE			

Holiday crash-courses are the perfect way for children to enjoy their time off and release their energy! They are ideal for introducing a non-swimmer to the water or for swimmers to work on specific aspects of a stroke. Each lesson is 30 minutes just like the weekly swimming lessons.

Bookings are available now, ask at reception or call 01677 427272

zest-leisure.co.uk

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